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## South Australia Dementia Behaviour Management Advisory Services

Helping Australians with dementia, and their carers



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# The aims of DBMAS

- Improve the quality of life for people with dementia and their carers.
- Upskill, assist and support aged care staff and providers to improve care for people with dementia and related behaviours.
- Ensure care services for people with dementia are responsive to their individual and diverse needs and circumstances.



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## DBMAS-Core services

- Provision of clinical support information and advice
- Deliver tailored information and Advanced educational workshop
- Undertake assessments, short-term case management and care planning
- Provide clinical supervision, mentoring and modeling behaviour
- Management techniques
- Develop and maintain linkages and partnerships
- Facilitate the use of brokerage funds
- Evaluation and research



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# Target group

- Staff of Australian Government funded aged care services
- Other Clinicians
- Volunteers in Australian Government funded aged care services and family carers
- Care recipients.



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## Who we work with

- Doctors
- Nurses
- Geriatricians
- Psychologists
- Physiotherapist
- Speech pathology
- Pharmacists
- Aromatherapies
- Other specialists



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# Referral process

- Call to DBMAS Line 1800 699 799
- Confidentiality
- Risk Assessment Screening Tool
- Advice
- Strategies
- Assessment
- Case management
- Follow up
- Case Closure



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## How we can assist

- Telephone advice and support 24 hrs a day.
- Business hours-various roles
- Case Management
- Intake
- Regional
- Education



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# What does the service provide

- Assessment of behaviour patterns
- Identification of medical, environmental and social factors
- Clinical support, information and advice
- Case planning, management, case conferences
- Clinical supervision, mentoring, and modeling behaviour management techniques
- Educational sessions.



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# Our philosophy

- All behaviour is a form of communication
- We all need to communicate and people with dementia find their own ways through their own unique behaviours
- The Dementia Behaviour management advisory service is here to assist you to understand and manage the behavioural issues related to dementia



# Person Centred Care

- ✓ Seeing the person not the disease
- ✓ Unique individual with their own experiences, likes and dislikes
- ✓ Know their abilities and strengths
- ✓ Values 'personhood'

Kitwood 1997



# Behaviours .....

$$D = P + B + PH + NI + SP$$

The experience of **D**ementia =

- **P**ersonality
- **B**iography
- **P**hysical **H**ealth
- **N**eurological **I**mpairment
- **S**ocial psychology and **P**hysical Environment

1997

Kitwood



# Case study 1

- Mr. Smith-68 year gentleman
- Boc-Aggression, agitation especially ADL'S, Intrusive, spitting.
- Risk Assessment, Bloods, MSU
- Site visit, discussion with client, Staff, Family, G.p
- Brokerage
- Medication review, introduction of antidepressant
- Follow up
- Education



## Case study 2

- Mrs. Adams
- Boc-Resistance with Adl's-showering
- Support and advice
- Assessment
- DVD-Bathe without a battle
- Showering assessment
- Care plan written to assist staff
- Follow up



## Use Psychosocial strategies...

- Establish a regular routine
- Establish a relationship with client
- Music therapy
- Reminiscence therapy
- Pet/doll therapy
- Scheduled reassurance therapy
- Spaced retrieval & external supports (whiteboards, diary, calendar)
- Simulated presence therapy
- Exercise programs
- Regular social activity
- Visitors
- Multisensory stimulation
- Diverting to another interesting activity; distraction
- Environmental modification; - visual prompts...



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# Alzheimer's Australia SA Inc. services & support...

- Counseling
- Family and Carer Education/Information Sessions
- Early Intervention: Give It a Go, Memory Lane Café
- Living with Memory Loss programs
- Support groups
- Connexus – a new lifestyle program to support people with Younger Onset Dementia
- Library/Resource Centre, DMCC
- Policy and Advocacy
- DBMAS
- Access & Equity Unit



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Thank you

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